

April 2026

MONDAYS, TUESDAYS, WEDNESDAYS, THURSDAYS AND FRIDAYS @11:00AM

Monday

Tuesday

Wednesday

Thursday

Friday

		<p>1 Beef Fajita Pinto Beans Tossed Green Salad Cantaloupe or tangerin Tortilla</p>	<p>2 Easter Meal Turkey w/ Sauce Whipped Sweet Potato Mixed Green Salad W/ Strawberries Brown Rice Pilaf</p>	<p>3 Corn Chowder Tuna Salad or Baked Fish Herbed Potato Salad Creamy Coleslaw Baked Apple Roll</p>
<p>6 Korean BBQ Herb Zucchini Broccoli Salad Pinapple Herbed Brown Rice</p>	<p>7 Garden Veg Soup Fish Vera Cruz Black Beans Creamy Soup Banana Bread</p>	<p>8 Tomato Basil Soup Chicken Dijon Green Beans Chopped Salad Peach or Pear Roll</p>	<p>9 Stuffed Bell Pepper Green Peas Romaine Salad Orange or Tangerine Roll</p>	<p>10 Vegetarian Paella Broccoli Spinach Salad Mango Brown Rice</p>
<p>13 Butternut Squash Soup Breaded Baked Fish Yam or Sweet Potato Beet & Mandarin Peaches or Plum Bread</p>	<p>14 Meatloaf n Gravy Garlic Mashed Potatoes Brussels Sprouts Pineapple or Mango</p>	<p>15 Veg Soup Turkey Veg Stir Fry Cabbage Salad Poashed Ginger Pear Lo Mein Noodle Bread</p>	<p>16 Caribbean Chicken Red Beans Mesclun Salad Kiwi Brown Rice Pilaf</p>	<p>17 Bolognese W/ Penne Pasta Herbed Zucchini Yellow Squash Caesar Salad Fruit Cup</p>
<p>20 Chicken Adobo Green Peas Marinated Bell Pepper Pear or Peach Spanish Brown Rice</p>	<p>21 Italian Wedding Soup Quiche Broccoli Caesar Salad Orange Bread</p>	<p>22 Shepherds Pie Carrots Mixed Salad Greens Kiwi Roll</p>	<p>23 Mushroom Soup Baked Fish Almandine Green Beans Spinach Salad Barley w/ Herbs</p>	<p>24 Arroz Con Polo Pinto Beans Shredded Cabbage Salad Apple Brown Rice</p>
<p>27 Savory Beef Stew Herbed Brussel Sprouts Mashed Potatoes Fruit in Season Roll</p>	<p>28 Enchilada Casserole Black Beans Mesclun Salad Kiwi Spanish Brown Rice</p>	<p>29 Lentil Soup Baked Pollack w/ Lemon Sauce Yellow Squash Broccoli Salad Applesauce Barley Pilaf</p>	<p>30 BBQ Chicken Tri Color Coleslaw Canned Pear Macaroni with Cheese Roll</p>	<p>YWCA IS ON A MISSION</p> <p>YWCA San Gabriel Valley Senior Services Department 101 S. Barranca Avenue, Covina, CA 91724 Phone: 626-214-9456</p>

*** SUBJECT TO CHANGE WITHOUT NOTICE *** ALL ENTREES INCLUDE AN 8oz CARTON OF MILK ***

SUGGESTED DONATION OF 3\$

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